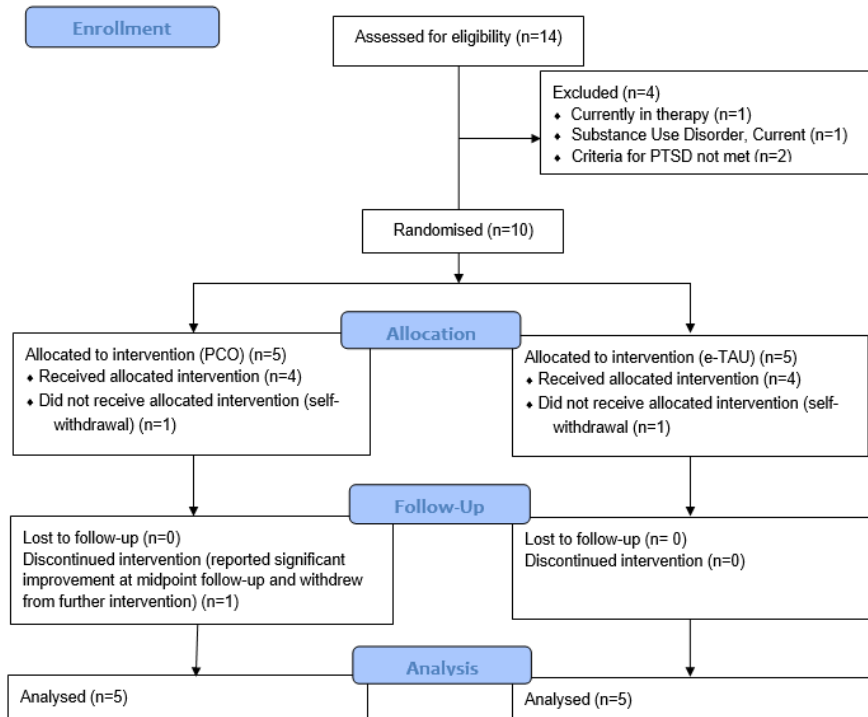


RESULTS SUMMARY: A pilot and feasibility randomised control trial of a clinician monitored 'PTSD Coach' intervention in a resource constrained setting.

Baseline characteristics

- Age of participants ranged from 24 to 64 years (mean= 46).
- Majority of participants were of mixed ancestry (90%).
- Largely female (n=9) sample

Participant flow (PRISMA flow diagram)



Adverse events

- None reported or observed

Outcome measures

- Documented verbal feedback from participants and involved volunteer counsellor on the feasibility, acceptability and utility of PTSD Coach Online in our setting
- Change in PTSD symptom severity - Clinician Administered PTSD Scale (CAPS-5).

The target sample (n=10) was enrolled and assessed over the course of the intervention. The volunteer counsellor effectively provided support in the delivery of PCO. The RCI was statistically significant for all participants and clinically significant for four of the analysed participants.