Summary of the results:

a) The Biodex balance system indices:

- There was a significant decrease in the values of the anteroposterior stability index (APSI), the mediolateral stability index (MLSI), and the overall stability index (OASI) in both eyes open and eyes closed conditions within both groups post-treatment compared to pretreatment.

- There was a significant decrease in the values of the anteroposterior stability index (APSI), the mediolateral stability index (MLSI), and the overall stability index (OASI) in the eyes open condition of group A compared with that of group B post-treatment.

- There was a significant decrease in the values of the anteroposterior stability index (APSI), the mediolateral stability index (MLSI), and the overall stability index (OASI) in the eyes closed condition of group A compared with that of group B post-treatment.

b) The Berg balance scale score:

- There was a significant increase in the Berg Balance Scale score in group B post-treatment compared with that pre-treatment.

- There was a significant increase in the Berg Balance Scale of group A compared with that of group B post-treatment.