

Results

Baseline characteristics

- At baseline, there were no significant differences in any of the participants' characteristics between the two groups.
- There were no significant differences in fatigue, cognitive function, or sleep quality between the two groups at baseline.

Outcomes

There were significant changes ($p < 0.05$) in fatigue of $\downarrow 52.91\%$ and $\downarrow 38.93$ in group A and B, respectively. There were significant changes ($p < 0.05$) in cognitive function of $\uparrow 15.88\%$ and $\uparrow 13.13\%$ in group A and B respectively. There were significant changes ($p < 0.05$) in PSQI of $\downarrow 43.06\%$ and $\downarrow 49.27\%$ in group A and B, respectively.

Adverse events

No adverse events were reported

Flowchart

